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FREE WEIGHTS / **POWER RACKS AND PLATFORMS**

873H Multi-Functional Trainer Rack inc. Plate Storage

Key Features

1. **Space-saving design:** Combines a Dual Multi-Pulley, Half Rack and Smith Machine and Multi-Grip Chin-Up.
2. **Two 95.5kg rear weight stack towers:** Offers versatile strength training options.
3. **Multi-Grip Chin-Up**
4. **Smith Machine and Olympic bar & disc storage:** Provides convenience.
5. **Multiple attachments:** Stirrup handles, multi-grip pull-up handles, tricep rope, ankle and pull-up straps, J-hooks, collars, straight curl bar and long bar.
6. **Steel construction:** Ensures stability and durability.
7. **Anti-slip foot pads:** Enhances safety and protects flooring.

Description

The Multi-Functional Trainer Rack has been designed to encompass four fitness machines into one, ideal for any commercial gym - 1. Dual Multi-Pulley, 2. Half Rack, 3. Smith Machine, 4. Multi-Grip Chin-Up.

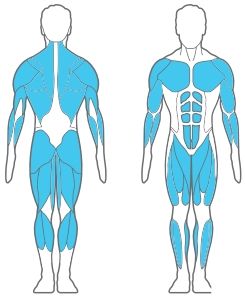
By doing so, it takes up less floor space in a home or gym/fitness environment

The 873H is a strong, versatile addition to any full commercial Olympic weightlifting suite. It is suitable for athletes and gym-goers alike, offers great variety to any workout programme, all without taking up too much space

Specifications

Length	175.3cm	69"
Height	220.7cm	86.9"
Width	226.5cm	89.2"
Machine Weight	513kg	1131lbs
Weight Stack	2 x 95.5kg	2 x 210.5lbs
Maximum User Weight	180kg	397lbs

Muscles Used



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